



Hurst Green Happenings

14 November 2022

After a very busy week last week the newsletter has made an appearance today instead!

All the children enjoyed a free workshop on mental health last Thursday, delivered by the NHS. We have plenty more planned for the rest of this term, so please make sure you check the Dates For Your Diary page.

We are looking forward to continuing our parents' evening this Wednesday for all year groups, and the following Monday for Year 2. Thank you for your patience and understanding whilst we have re-scheduled.

Wishing you all a wonderful week this week.

Mrs Sarah George



Friendly Reminders

Parking: Please can we remind parents not to park in staff parking spaces when using the car park.

Water Bottles: Please ensure you send your child into school with a filled water bottle every day. Water only please. No juice or squash.

Jewellery: For safety reasons, please can we ask that children do not wear jewellery to school on their PE day.

PE Uniform: A reminder that uniform for PE is a white t-shirt, red logo jumper or cardigan, black leggings or jogging bottoms and black or white trainers.



Registered Charity number 1156814

News from Hurst Green School Association...

Halloween Disco: Thanks to everyone who supported our Halloween Disco recently. We raised over £200 which will go towards all the exciting projects we are planning for this academic year, such as the pond and trim trail.

Rags2Riches: There has been a change of date for the Rags2Riches collection, which was scheduled for Thursday 7 December. Rags 2 Riches 4 Schools will now be collecting on **26 January 2023**, which gives you a bit more time to get your unwanted clothes together! We will be in touch nearer the time with a date when you can start bringing your items into the school.





WANTED: Christmas Decorations

We have a special festive Forest School surprise planned for our children, but we are in need of some Christmas decorations and lights. If you're having a clear-out of your decorations and can spare any baubles, tinsel or lights (outdoor only, please) then please bring them in on your child's Forest School day. Watch this space for more details coming soon!



Thank you Titsey Rotary Club

A huge thank you to the wonderful Titsey Rotary Club for volunteering their time and expertise and giving our Wigloo a much needed prune. It's looking much neater now and is ready for our children to enjoy once the weather gets warmer and drier. What's more, all the off-cuts of willow will be used by the children during our Forest School sessions when they have a go at willow weaving!



Tandridge Together Lottery

Give Us A Hand



SUPPORT THE LOTTERY TO SUPPORT OUR CAUSE
Help Boost Our Fundraising From Just £1 A Week



Did you know you can support Hurst Green Infant School and Nursery when playing the Tandridge Together Lottery? Tickets cost £1 and 50p of that will go towards our school. Each time you play you have a chance of winning a grand prize of £25,000 all while supporting a worthwhile cause. To play, go to tandridgelottery.co.uk and search 'Hurst Green'.

Please do spread the word to your friends and family. Thank you!



Follow us on Twitter and Instagram for all the latest news and lovely updates: @HurstGreen_Sch

David Shepherd Wildlife Foundation

We are very excited that the David Shepherd Wildlife Foundation will be visiting our school on 1 December to talk to Reception and Year 2 about wildlife conservation and endangered species. They are coming in for free, but as they are a charity, we are asking for a minimum donation of £1 per child.

Please pop your donation in the red letter box outside the school office. Thank you.



School Fund Donations

Thanks to those of you who have already given money towards the school fund. For those of you who haven't yet contributed, please can you donate either £10 (per term) or £30 (for the year) per child. Your contribution helps subsidise school trips and visitors, funds children's entertainment, and provides other extra-curricular events.

Bank name: Lloyds Bank

Account name: Hurst Green Infant School & Nursery School Fund Account

Sort code: 30 - 91 - 72

Account number: 00184502

Children in Need

This **Friday 18 November** we will be having a MUFTI Day to raise money for Children In Need. Children should wear something spotty and/or yellow in return for a donation for the charity. We will be collecting cash on the day and look forward to seeing everyone in their fancy dress!



Year 2 Go Wild!

British
Wildlife
Centre



Our Year 2 Navigators are very excited about their trip to the British Wildlife Centre tomorrow. The children

are learning all about conservation, animals and habitats as part of their World Warriors topic, and a trip to the British Wildlife Centre will really bring their learning to life. The Centre cares for lots of lovely native wildlife, including badgers, hedgehogs and red squirrels, so it should be a fun and interesting day out for the children.



The Fantastic FRED Experience

Our children had a brilliant time meeting superhero Fantastic FRED last week. The Fantastic FRED Experience is a free preventative and educational mental health resource for primary ages children delivered by a trained actor. To find out more visit: www.thefantasticfredexperience.com



DATES FOR YOUR DIARY

Autumn Term 2022	
Tuesday 15th November	Y2 visit British Wildlife Centre
Wednesday 16th November	Open Morning—for new parents 2023
Friday 18th November	MUFTI Day (Children in Need)
Thursday 1st December	David Shepherd Wildlife Foundation talk—Rec & Y2
Tuesday 6th December	Nursery and Reception Christmas Performance
Wednesday 7th December	Y1 Christmas Performance
Thursday 8th December	Y2 Christmas Performance
Thursday 8th December	Christmas Jumper Day (Save the Children)
Friday 9th December	HGSA Christmas Shop
Tuesday 13th December	Y2 visit to Windmill Manor Care Home
Friday 16th December	Last Day of Term
Spring Term 2023	
Tuesday 3rd January	INSET DAY
Tuesday 10th January	Burglar Bill Pantomime school visit
Friday 26th January	Rags2Riches4 Schools collection
Thursday 9th February	HGSA Valentine's Disco
Monday 13th—Friday 17th February	HALF TERM
Wednesday 17 May	Class Photos

Email: office@hurstgreenschool.org Website: www.hurstgreenschool.org Phone: 01883 712171

Emergency information regarding the school will be announced on Heart Radio 102.7FM and the school website



Did you know?
Apples are an
incredibly nutritious
fruit that offer
multiple health
benefits. They're rich
in fibre &
antioxidants.

Olive Dining

MONTHLY BULLETIN | CHEF'S CHOICE RECIPE

APPLE CRUMBLE

METHOD

- Heat the oven to 190C/170 fan/gas 5.
- Toss 575g peeled, cored and sliced Bramley apples with 2 tbsp golden caster sugar and flatten down into a 23cm round baking dish or a 20cm square dish.
- Put 175g plain flour and 110g golden caster sugar in a bowl with a good pinch of salt.
- Slice in 110g cold butter and rub it all in with your fingertips until the mixture looks like breadcrumbs. Alternatively, pulse in a processor until sandy but be careful not to over-process.
- Pour the crumb mix evenly over the apples and gently press the surface with the back of the fork so the crumble holds. Use the back of the fork to also gently decorate the top.
- If you wish, sprinkle 1 tbsp rolled oats and 1 tbsp demerara sugar over evenly.
- Set on a baking tray and put in the preheated oven for 35-40 minutes, until the top is golden and the apples feel very soft when you insert a small, sharp knife. Leave to cool for 10 minutes before serving with ice cream, cream, clotted cream or custard!

INGREDIENTS

FOR THE FILLING

575g Bramley apple (3 medium apples)
peeled, cored and sliced to 1cm thick
2 tbsp golden caster sugar

FOR THE CRUMBLE

175g plain flour
110g golden caster sugar
110g cold butter

FOR THE TOPPING (OPTIONAL)

1 tbsp rolled oats
1 tbsp demerara sugar

AUTUMN FAIR

10AM-4PM, SATURDAY 19TH NOVEMBER

**ST JOHN'S CHURCH,
CHURCH WAY, HURST GREEN, RH8 9EA**

HANDMADE CRAFTS, CARDS, TOYS, PICTURES, JEWELLERY, PHOTOGRAPHS,
CAKES, POTTERY, BOOKS AND MUCH MORE.

PLUS, RAFFLE, FACE PAINTING,
CREATIVE WORKSHOPS FOR ALL AGES,
TEA AND HOMEMADE CAKES.

A CHANCE TO GET AHEAD WITH YOUR CHRISTMAS SHOPPING!

ADMISSION FEE: 50P, UNDER 18S FREE

MONEY RAISED WILL CONTRIBUTE TO SUPPORTING
SEVERAL LOCAL PROJECTS.

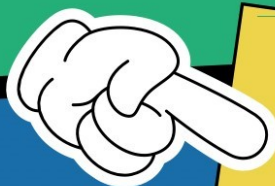
FOR INFO:
STJOHNSHURSTGREEN.ORG.UK
OFFICE@STJOHNSHURSTGREEN.CO.UK
01883 712674

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**STARTING 10TH
NOVEMBER!**



POP-UP COMMUNITY HUB



**THURSDAYS
13:00 - 15:00**

St Agatha's Hall,
Hurst Green

**FREE Tea, Toast, Cake
and Conversations!**

**Community Support,
Advice and Initiatives!**

**Warm, Open, Inclusive
Space for everybody!**

**Special celebratory
Events & Workshops!**

Want to get involved or volunteer? Please email office@stjhurstgreen.co.uk

What Parents & Carers Need to Know about HOW TO COMBAT ONLINE BULLYING

Defined as "ongoing hurtful behaviour towards someone online", cyber-bullying makes its victims feel upset, uncomfortable and unsafe. In the digital world, it has numerous forms – such as hurtful comments on a person's posts or profile; deliberately leaving them out of group chats; sharing embarrassing images or videos of someone; or spreading gossip about them. Cyber-bullying can severely impact a young person's mental health ... so, in support of Anti-Bullying Week, we've provided a list of tips to help trusted adults know what to look for and how to respond to it.

1. GET CONNECTED

Playing online games together with your child or connecting with them on social media (providing they're old enough) is not only fun but also an excellent way of establishing some common ground to discuss things you've both seen or done online – as well as keeping an eye on who your child is communicating with in the digital world.

2. KEEP TALKING

Regular chats with young people about their online lives are good practice in general, but they can also be an excellent refresher to help prevent cyber-bullying situations. Topics you might want to revisit include why it's important to only connect online with people we know and trust, and why passwords should always remain secret (even from our best friends).

3. STAY VIGILANT

Observe your child while they're using technology and just after they've used it. Are they acting normally, or out of character? Possible signs of a problem may include seeming quiet or withdrawn, jumpy or anxious, angry or repeatedly checking their phone. When you feel it's the right time, you may want to check in with them to see if everything is OK.

4. MAKE YOURSELF AVAILABLE

If an online bullying incident does occur, it may take a while before your child is ready to open up about what happened. Just gently remind them that they can always come to you with any problems – and that they won't be in trouble. You might also suggest a trusted family member they could turn to, in case they feel too embarrassed to tell you directly.

5. BE PREPARED TO LISTEN

When conversations about online bullying do take place, they're likely to be difficult, emotional and upsetting for both you and your child. Actively listen to your child while they're bringing you up to speed, and try not to show any judgement or criticism – even if they haven't dealt with the situation in exactly the way you would have hoped.

FURTHER SUPPORT AND ADVICE

If you or your child need additional help with an online bullying issue, here are some specialist organisations that you could reach out to.

Childline: talk to a trained counsellor on 0800 1111 or online at www.childline.org.uk/get-support/

National Bullying Helpline: counsellors are available on 0845 225 5787 or by visiting www.nationalbullyinghelpline.co.uk/cyberbullying.html

The NSPCC: the children's charity has a guide to the signs of bullying at www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/ and can be reached on 0800 800 5000

6. EMPOWER YOUR CHILD

Depending on their age, your child might not want a parent 'fighting their battles for them'. In that case, talk through their options with them (blocking the perpetrator, deleting the app and so on). By allowing your child to choose the path they take, you're putting them in control but are also demonstrating that you're there to support them along the way.

7. REPORT BULLIES ONLINE

Cyber-bullying often takes place through a particular app, social media platform or online game. If this is happening to your child, encourage them to report the offender to the app or game in question – ideally with screenshots to support their complaint. Most games and apps have reporting tools specifically to stamp out abusive behaviour and protect users.

8. ENCOURAGE EMPATHY

Protecting themselves online is the priority, of course, but young people should also feel empowered to help if they witness other people falling victim to cyberbullying. Even if they don't feel confident enough to call someone out on their abusive behaviour online, they can still confidentially report that person to the app or game where the bullying occurred.

9. SEEK EXPERT ADVICE

Victims of online bullying frequently experience feelings of isolation and anxiety, a loss of self-esteem and potentially even thoughts of self-harm or suicide. If you think that an incident of cyber-bullying has affected your child's mental wellbeing, then seek psychological support for them. There are some useful contact details in the central panel below.

10. INVOLVE THE AUTHORITIES

If the nature of any online bullying makes you suspect that your child is genuinely in imminent physical danger – or if there are any signs whatsoever of explicit images being shared as part of the bullying – then you should gather any relevant screenshots as evidence and report the incidents to your local police force.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



**National
Online
Safety®**

#WakeUpWednesday



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- ✕ Modern Theatre
- ✕ Tap Dance
- ✕ Jazz
- ✕ Irish
- ✕ Musical theatre
- ✕ Contemporary
- ✕ Classical Greek/creative
- ✕ Strength and stretch
- ✕ Boys only classes

LESSONS BASED IN

OXTED
&
HURST GREEN



bastet-show@hotmail.com



07894715655



www.bastet.co.uk



Bastet School of Dancing



[bastetschoolofdancing](https://www.instagram.com/bastetschoolofdancing)



A photograph of a woman and a young child sitting on a wooden floor. The woman, on the left, is wearing a white knitted cardigan over a white top. She is looking down at a map or book that she is holding. The child, on the right, is wearing a dark blue long-sleeved shirt and blue jeans. The child is looking up at the woman. The background is a dark wooden wall.

Does your child suffer with sleep issues?

**Do you struggle
with your child's
bedtime?**

**Will your child
not sleep in
their own bed?**

WE CAN HELP

 **03303 530 541**

Sunday - Tuesday & Thursday 7pm - 9pm
Wednesday 9am - 11am



JOIN OUR NEW OLYMPIC TAEKWONDO CLUB

Wednesday after school

10 sessions

£50/child

at Hurst Green Infant School

**Contact coach Hachem
07747779717 for booking**



Self-Confidence

Discipline

Respect

Focus

Social Skills

General Health

