

Ways To Support Your Adventurer's At Home

Communication and Language

Extend your child's language skills by teaching and joining in favourite nursery rhymes, songs and traditional stories. Help them act out stories using their toys and dolls and their favourite cartoons or books. Talk about what interests them and then find out something new about their favourite topic.



Physical Skills

Support your child to attempt and complete everyday tasks such as packing their bag, doing up fastenings and pouring drinks. Let them use simple tools such as scissors and hole punches with supervision. Encourage children to walk, scoot or ride a bike rather than use a buggy whenever possible. Find some songs that you both and enjoy and dance along making up your own routines.

Personal, Social and Emotional Skills

Play lots of games and activities that include sharing and taking turns. Talk about their different emotions and what makes them feel happy or sad. Begin to describe other feelings such as frustration and excitement.

Reading

Help your child fall in love with books by regularly reading to them. Enjoy a favourite book over and over again. Talk about the story or facts in the book. Share the pictures together discussing funny or interesting details. If there are repeated words in the book encourage your child to join in. Support them to recognise themselves as early readers by praising their ability to understand the story or recall the facts. Encouraging your child to talk about the pictures and join in with repeated words will help to deepen their understanding of the text and develop their language skills.

Writing

Mark making is a crucial step towards writing. Children will need to make large marks at first and enjoy the process of making lines and simple shapes. This can be done with pencils, paints or anything that leaves a mark. You can make it fun by using sticks in mud or wet sand or by painting with coloured water on the ground or wall. Shaving foam or flour can be used with a finger or tool to write in. Ask your child to read their writing to you and reinforce their image of themselves as a writer. Some children maybe ready to trace, join dots or attempt the letters of their name.



Maths

Count anything and everything. Ask children to count how many items are going in the shopping trolley or how many plates are on the table. Ask them how many biscuits there will be if you eat one. Talk about size. Ask who has more or who has less.? Get children to support in cooking family meals by measuring out the ingredients. Look for numbers around you such as on buses, phones or items in the shop. Sing counting songs such as , '10 Green Bottles ' or ' 5 Cheeky Monkeys." Talk about time and how long they might need to wait for something. Spot, name and match shapes and colours in objects such as toys.

Understanding The World

Talk about the natural world around them. If they spot something interesting discover more by using books or the internet. Discuss how they care for their pets. Enjoy and discuss different festivals and special days. Talk about how you celebrate and mark them. Chat about past events and people important to you and your family. Use maps together and talk about what you see on a car or train journey.



Expressive Arts and Design

Enjoy making simple crafts together and talk about how you did it. Use glue and simple tools with supervision. Encourage role play using real items or toys. Share your favourite songs and dances together