



All dishes are served with seasonal vegetables

# MENU WEEK 1

Week: 31 Aug | 21 Sept | 12 Oct | 9 Nov  
30 Nov | 4 Jan | 25 Jan | 22 Feb | 15 Mar

## MONDAY

**Loaded cheese & tomato pizza with potato wedges & sweetcorn salsa V**

Macaroni peas with homemade bread & carrot roundels V

Chocolate Cookie V

## TUESDAY

**Cumberland pork sausages with mashed potato & baked beans**

Glamorgan sausage with crispy herb potatoes & sweetcorn V

Yoghurt of the day V

## WEDNESDAY

**Roast British chicken with sage & onion stuffing, roast potatoes, baton carrots & gravy**

Quorn fillet with sage & onion stuffing, roast potatoes, green beans & gravy V

Rainbow Cake

## THURSDAY

**Spaghetti Bolognese with broccoli florets**

Mediterranean pasta bake with a chopped salad V

Cheese & biscuits with apple slices\* V

## FRIDAY

**Fish fingers with oven baked chips & crushed peas**

Vegetable fingers with oven baked chips & baked beans **Ve**

Butterscotch Muffin V

# MENU WEEK 2

Week: 7 Sept | 28 Sept | 19 Oct | 16 Nov  
7 Dec | 11 Jan | 1 Feb | 1 Mar | 22 Mar

## MONDAY

**Macaroni Cheese** with Seasonal Vegetables & Garlic Bread V

Oatflake biscuit V

## TUESDAY

**Moroccan pork meatballs with Pasta & sweetcorn**

Mexican vegetable stack with broccoli florets V

Cheese & biscuits with grapes\* V

## WEDNESDAY

**Roast Gammon, with Roast Potatoes, Broccoli & gravy**

Vegetable biryani with a mini naan bread & cucumber sticks V

Apple Muffin

## THURSDAY

**Breaded Goujon Wrap with potato wedges & mixed Salad**

Quorn sausage roll with roast potatoes, shredded cabbage & gravy V

Yoghurt Selection V

## FRIDAY

**Salmon & sweet potato fishcake with potato wedges & coleslaw**

French bread pizza with potato wedges & chef's salad V

Twelve15 lemon shortbread **Ve**

# MENU WEEK 3

Week: 14 Sept | 5 Oct | 2 Nov | 23 Nov  
14 Dec | 18 Jan | 8 Feb | 8 Mar | 29 Mar

## MONDAY

**Pasta Bake with Dough Balls & Sweetcorn V**

Mini Cookie & Watermelon Slice V

## TUESDAY

**Beef Burger with lightly Spiced Potato Wedges & Salad**

Spicy bean burrito with chef's salad V

Yoghurt Selection V

## WEDNESDAY

**Roast British Chicken with roast potatoes, cauliflower & gravy**

Vegetable lasagne with broccoli florets V

Home made ginger Cookie V

## THURSDAY

**Yorkie filled with Sausage with mashed potato & sweetcorn & Peas**

Cauliflower & broccoli cheese with a Yorkie, mashed potato & carrots V

Cheese & biscuits V

## FRIDAY

**Tempura vinegar infused Pollock Goujons with curly fries & peas**

Sweet potato whirl with curly fries & cucumber sticks V

Chocolate muffin V

V - Suitable for Vegetarians.

Ve - Suitable for Vegans.

\* Desserts highlighted with an asterisk contain a minimum of 50% fruit.

All of our meat, poultry, cheese & milk is Red Tractor Farm Assured. We never use fish on the Marine Conservation Society 'fish to avoid' list.

